

News from the Lion's Den

February 2016



Lion Milly Helps Us Shape Up

The first Lions Club meeting of the year had our very own Lion Milly Spencer leading us in a gentle resistance band work out. Although we could not get the DVD to operate, we twisted and stretched in a variety of positions. Everyone enjoyed our little work out. Thank you Lion Milly!

Lots of Guests

Houston Cy-Fair Lions Club has had a lot of guests this month. Keith Blaies heard about our Lions Club after an internet search, and came to see what we were all about. He was so impressed, that the next meeting he brought his wife Julie. We have received application for membership from five individuals. President Paul and Lion Sandy are working to scheduling an Induction and Orientation meeting to formally have them become part of our Lions family. We still have four others who have not been formally inducted.

Mid Winter Conference

Houston Cy-Fair Lions Club was well represented at the MidWinter Lions Conference

held Jan. 23. We had 5 Lions and a new applicant attend. This year the conference was all about our roots, with a review of the events and persons responsible for making Lions Clubs what it is today. The food was great, and there was a good turnout. The quilt made by Lion Sandy was sold at auction and brought in \$1600 which will be donated to the Texas Lions Camp.

Camp Work Days

Scheduled work days at the Texas Lions Camp are the first Sat. of March, April, and May. Thus far, the April 2 date seems to be desired. Lions from throughout the state come to do general cleaning, maintenance, and repair prior to the busy summer camping schedule. The Camp needs to know ahead of time how many persons will be coming. You can stay for free at the camp bunk houses if you like, or there are many different motels in the area, and a beautiful park nearby for camping. Breakfast and lunch are provided. Please notify President Paul as soon as possible if you would like to attend. This is a great way for new Lions to see and feel the magic of the Texas Lions Camp. Bring your old work clothes, some gloves, and join in the cleaning fun.

Baseball

Regular spring baseballs at the West Little York fields normally start the end of February or early March. There may be some early tournaments prior to weekday games. Please be available to work the concession stand with President Paul calls to ask for your assistance. Feel free to bring a friend, as this is a great way to introduce others to what our Lions Club does.

KidSight Early Vision Screening Program

We did vision screenings at six different day care or preschool facilities in January, screening

a total of 197 children. Of those, 25 were referred for complete vision examinations. As we were informed by Lion Robert Berry when he did the Plusoptix training, the goal of vision screening is not just to find kids who need glasses, but to make sure those kids are seen by a professional for a complete exam. So part of the vision screening process is making follow up calls to the parents several weeks after the screening, to urge them to make appointments with a eye care professional for their child. Sometimes this means making several phone calls before parents are reached, or the exam has taken place. Just this week as I was making routine follow up calls, one father said his three year old daughter was seen by an eye care professional, and was diagnosed with Stargardt's Disease. When I responded that I was not familiar with that, he explained it is Juvenile Macular Degeneration. As of now, there is no cure, so the parents face the future knowing their young daughter will eventually become blind. I was just speechless. I didn't know what to say to him after receiving such news. They had no idea that there was anything wrong with her vision. Although he was not pleased with the diagnosis and prognosis, he was very grateful that he allowed his little girl to have the KidSight Vision Screening at her day care center. She has been fitted with glasses to correct refractive errors in her vision, and will be under close supervision of the professionals. Early childhood vision screening is important for all children

Texas Lions Camp

Now is the time to recruit campers for these summers' sessions at Texas Lions Camp. All Lions members are encouraged to seek out and enroll children with physical challenges, Down's syndrome, or Type 1 Diabetes. The parents can

fill out the application on line at www.lionscamp.com . Please be aware that they will need to print out two forms, one a sponsorship form which the Lions Club member needs to complete the bottom half, and the physician form which the child's physician needs to complete. Those forms are then faxed or scanned and emailed to the Texas Lions Camp. Assignment to Camp is on a first come, first serve basis, so it is very important that applications be submitted as soon as possible. AS of now, we have 20 kids registered. So talk with the parents of handicapped children and let's fill up the Camp for each session.

Upcoming Events

Wed. Feb. 3, Presidents and Secretaries Council, 7 PM, China Bear Restaurant, I-45 N at Airtex. All Lions are invited to attend.

Tues. Feb. 9, 2016, 7:00PM, regular Lions Club meeting at 7 PM at the Lion's Den. Please let Lion Sandy know by the Friday before if you will be there so the correct number of meals can be on hand.

Tues. Feb. 23, 2016, 7:00 PM, regular Lions Club meeting. Please let Lion Sandy know by Fri. if you plan to attend.

Saturday Feb. 27, noon till??, 4191 Bellaire Blvd, Houston, Lions' Eye Bank of Texas Bowl-A-Thon. We have purchased for four members to be on a bowling team. This is a lot of fun to just come and watch if you don't want to bowl. There are lots of door prizes, and fun to be had by all, with proceeds to go to the Lions' Eye Bank of Texas. Come and join us and laugh with us.

Birthdays and Anniversaries

Happy Birthday to Lion Bob Rugar, Feb. 7